

# The Wisdom of the Peaceful Warrior

with

## Dan Millman

26 & 27 May 2007

*"We are delighted to announce a weekend workshop with Dan Millman, inspirational teacher and author of Way of the Peaceful Warrior. Dan is returning after a highly successful workshop with us in 2005. Dan has a wealth of knowledge and experience. He works with body, mind and spirit and lives what he teaches."*

**Paul King & Marie Faire**

In this weekend intensive, Dan will lead us on an adventure to discover The Way and Wisdom of the Peaceful Warrior.

You will gain insights and skills that last a lifetime, and hear reminders of what a deeper part of you has always known, but might have forgotten.

Those of you who are familiar with Dan's work will know he has a wonderful gift as a teacher and guide. He will encourage us to move from "*doing a life*" to "*practicing a life*"— to live with the intention of refining and improving who we are and what we do.

We are all peaceful warriors in training – right here, right now. Our daily life is the arena of our practice. There are no ordinary moments.

Presenting a blend of wit and wisdom, combining words with experiential activities, Dan will provide a map of the territory and a way to travel with "*your head in the clouds and your feet on solid ground*".

Dan's mentor in *Way of the Peaceful Warrior*, Socrates, was once advised by his own teacher, "In combat and in life, expect nothing, but be prepared for anything." The same is true of any Peaceful Warrior workshop.

Dress comfortably. Bring questions; bring an open mind; bring a sense of humour and bring a friend!



*"The secret of satisfaction is not only found in what we get from our work and our relationships, but in what we bring to these arenas. The important thing is not only to dedicate your life to your work, but to dedicate your work to your life. .*

*The challenges we face at work and at home are forms of spiritual weightlifting to temper our spirits and forge our characters . . . .*

*We are all peaceful warriors in training — and the most important battles we fight are inside. Each of us strives for a more peaceful heart, but there are times that we also need a warrior's spirit . . . ."*

**Dan Millman**

Dan determines the specific content and practices as the weekend progresses, based on an intuitive sense of the needs and interests of participants.

However, topics will likely include:

- Peaceful Warrior Workout: a 4-minute movement routine
- Living Wisdom: how to transform knowledge into action
- Universal laws: what they are, how to apply them
- The Twelve Gateways: a map of life's bigger picture
- Turning Fear to Power: how and when to overcome fear and doubt
- Theatre of the Mind: illuminating the characters of the psyche
- Return to Reality: moving from insanity to enlightenment
- Warrior's Path: elements to awaken the warrior within
- And much more

### **Dan Millman**

Dan Millman, is a former world-champion athlete, university coach, martial arts instructor, and college professor.

This background, coupled with travels around the world studying with various mentors and masters, led to his life-long career and as an author and teacher.

His twelve books, including Way of the Peaceful Warrior, The Life You Were Born to Live, No Ordinary Moments, The Laws of Spirit and The Journeys of Socrates, have inspired millions of readers in 29 languages.

His latest book Wisdom of the Peaceful Warrior will be available from January 2007.

The feature film, "Peaceful Warrior," starring Nick Nolte, released in 2006 is based upon Dan's first book, an autobiographical novel.

His talks and workshops have expanded the perspectives and transformed the lives of men and women from all walks of life, including leaders in the fields of health, psychology, education, business, politics, entertainment, sports, and the arts.

Married for 30 years, Dan and his wife Joy live in northern California. He has three grown daughters and two grandsons.

Dan's website: [www.peacefulwarrior.com](http://www.peacefulwarrior.com)

### **Limited Numbers**

The course is limited to 40 participants.

### **Dates**

Saturday & Sunday, 26 & 27 May 2007

### **Venue**

The Rectory Hotel, near Malmesbury, Wiltshire.



The Rectory is a delightful country house hotel set in lovely grounds. It has a special ambience, and serves great food. The Rectory is just 9 miles north of Junction 17 of the M4 and 3 miles from Kemble railway station on the London Paddington to Cheltenham line.

### **Cost**

**Course fee:** £475+VAT=£558.13

The price includes lunch on both days.

**Optional dinner:** 26 May: £25+VAT=£29.38

On the Saturday evening there will be a dinner at The Rectory, if you would like to join us please reserve your place with your course booking.

**Total course fee and dinner:** £500+VAT=£587.50

### **Accommodation**

We have negotiated a special rate at The Rectory (12 rooms) and at the Best Western Mayfield House Hotel across the road (24 bedrooms). We recommend that if you wish to stay at one of these hotels that you book your room as soon as possible. We can provide contact details for these hotels and a list of other local accommodation.

### **Booking**

Please send a cheque for the course fee, plus the cost of dinner if you wish to join, made payable to The Beyond Partnership Ltd and send it to 2 Holbrook, Bromham, Wilts, SN15 2DH

Contact us at [info@thebeyondpartnership.co.uk](mailto:info@thebeyondpartnership.co.uk) or 01380 859106.

See also [www.thebeyondpartnership.co.uk](http://www.thebeyondpartnership.co.uk)